



WELCOME TO THE

Newsletter

I'm so glad you're here!

More Than Words

As we move through the summer months, it seems many people around us are carrying burdens we cannot see. Some are grieving the death of a loved one. Others are navigating uncertainty, health challenges, financial stress, family struggles, or simply the weight of a difficult season.

When someone we care about is hurting, we often feel pressure to find the perfect words. We worry about saying the wrong thing, so sometimes we say nothing at all.

But what if showing up matters more than having the right answer?

A simple hug. A thoughtful text. A phone call. An invitation to talk, pray or simply sit together in silence. These gestures may seem small, yet they communicate something powerful: *I see you. I care about you. You do not have to carry this alone. Lean in.*

We cannot fix every problem or take away another person's pain. What we can do is remind them they are supported. We can create space for them to feel heard, valued, and understood.

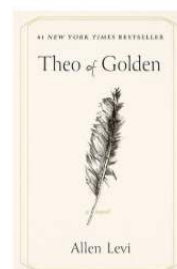
In a world that often feels rushed and disconnected, simple acts of compassion can make a lasting difference. They may not change someone's circumstances, but they can change how that person experiences the journey ahead.

As you go about your days this summer, consider who in your life might need a reminder that they are not alone. Never underestimate the power of reaching out. Sometimes the smallest gesture becomes the encouragement someone needs to take the next step forward.

My Summer Book Recommendations, continued

THEO OF GOLDEN

Right now, I am enjoying *Theo of Golden* and its message, as it explores the transformative power of being seen, valued, and understood. It is a moving reminder that kindness, creativity, and connection can help us navigate both grief and joy, often at the same time.



SAVE THE DATE!



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Friday, October 30, 2026
The Mark Wandall Foundation's
23rd Annual Memorial Golf Tournament
FORE HOPE. FORE HEALING. FORE KIDS!



Join us for an 18-hole scramble to benefit the youth and families we serve. Registration, brunch and networking begin at 10:30 a.m., shotgun start at 1 p.m. at Heritage Harbour Golf Club (8000 Stone Harbour Loop, Bradenton, FL 34212).

Sponsorship and registration details to come!

Join us for a beautiful day on the golf course and enjoy complimentary brunch and beverages from Station 400 and food from Bonefish Grill and Texas Roadhouse. Thank you to our generous sponsors!



University & Sarasota
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NATIONAL STOP ON RED WEEK
AUGUST 2 - 8, 2026



National Coalition
for **Safer Roads**

Join me, the National Coalition for Safer Roads, Verra Mobility, and partners across the country as we recognize National Stop on Red Week and raise awareness about the dangers of red-light running.

This year's theme, **Stop Today. Protect Tomorrow.**, is a reminder that every choice behind the wheel has the power to shape a safer future. [Sign up here](#) to receive our social media toolkit and shareable assets, which will be published on NCSR's website and shared the third week in July.

At the National Coalition for Safer Roads, we believe every red light is an opportunity to protect a life. Roadway safety is not just the responsibility of drivers, it is a shared commitment among all who use our roads. One decision to stop on red today can help protect a family, a friend, or a future tomorrow.



YOUR STORY COULD SAVE A LIFE

Personally impacted by a red-light runner? Please share.

As we prepare for National Stop on Red Week, we are seeking individuals and families who have been personally impacted by a red-light running crash. Whether you were seriously injured, had a loved one die in a crash, witnessed a crash, or experienced a close call, your story has the power to raise awareness and save lives.

By sharing real experiences, we can help educate the public about the devastating consequences of red-light running and inspire safer choices behind the wheel.

Every story matters. One story could be the reason someone chooses to stop instead of risk a life. If you or someone you know, residing anywhere in the United States, is willing to share their story, [please contact us](#).

Equine Roundup

The Mark Wandall Foundation has been fortunate to have partnered with some amazing equine groups for recent equine programs!



Gallop Into Summer at Csatar Acres Farms

Our families had an amazing time at this event on June 13. Families enjoyed spending time with the horses, engaging in hands-on activities, trail rides and connecting with others in a welcoming and supportive environment. The event highlighted the healing power of equine experiences and community. This event also served as the kickoff to our partnership with Csatar Acres, as they will become one of our monthly equine sessions in the fall, and we are grateful to them for creating such a fun and meaningful day for the children and families we serve.

Pony Pals Mini Camp

A huge thank you to Lindsey Ryan and the team at DD's Miracle Minis for providing our families with an incredible 3-Day Pony Pals Camp experience. Throughout the camp, youth had the opportunity to learn about horse care, participate in hands-on activities, and build confidence while creating special connections with the miniature horses. Campers also enjoyed a variety of other engaging activities, including planting their own Earth Boxes and spending time with new friends. Campers were also provided camp shirts and water bottles. The Mark Wandall Foundation was proud to provide snacks each day and lunch on the final day, and we are delighted that every camper had a wonderful experience.



STEP Equine Session

We had another amazing morning at the STEP farm on June 27! Our youth always look forward to spending time with the horses and eagerly anticipate the craft activities offered each month. We are incredibly grateful to STEP for being such a dedicated partner, consistently going above and beyond to ensure our children and families have a meaningful and enjoyable experience.

Our monthly equine program has continued to grow and has become a special time of connection, healing, and joy for both youth and their guardians. The program will take a brief pause for the summer. We look forward to returning in October and continuing these wonderful experiences with our partners at STEP and Csatar Acres.

A Shared Mission to Save Lives at FDOT District 4 Speaker Series



I had an incredible experience speaking with the [FDOT Southeast Florida District 4 team](#) as the first presenter in their Safety Culture Speaker Series. The engagement, thoughtful questions, meaningful conversations, and standing ovation were humbling reminders of what is possible when people unite around a shared purpose: saving lives.

What struck me most was the passion in the room. From leadership to frontline staff, every person understands that the work they do each day creates a ripple effect that helps prevent roadway tragedies and keeps communities safe.

I left inspired by this team of true safety warriors and grateful for the opportunity to share in their mission.

Ready to bring an impactful message to your next conference, team meeting, or event? [Contact me](#) and let's discuss a presentation customized for your audience.



One-to-One Mentoring Opportunities

If you're feeling overwhelmed or unsure where to begin, I am opening a limited number of one-to-one mentoring opportunities. Together, we will clarify YOUR purpose, strengthen your strategy, and turn your passion into meaningful progress.

If this speaks to you, I invite you to take the next step. Email me with the subject line "Mentoring," and include a brief note about your goals.

Contact Me!

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